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Dr Symeon G. Siomopoulos

Education

- 2010 PhD in Psychology, Department of Psychology, University of Athens, Greece
- 2001 Certified Professional tennis coach of the United States Professional Tennis Registry (P.T.R.).
- 1999-2001 Masters of Science in Sports Behavior and Performance and Sports Organization, Miami University, Ohio.
- 1993-1997 University degree in the department of Physical Education and Athletics Science, University of Athens, Greece, with a specialization in tennis.

Professional

- 2023 Summer. Tennis Director in Academy Camps. Suffield Academy, CT.
- 2019-present Educator of Chinese tennis coaches on the topics of Sport Psychology
- 2015-present Assistant Professor at Deree College: teaching Sport Psychology, Sport Pedagogy, Sport Coaching Sport Management, Strength and Conditioning and Psychology.
- 2013-2017 Physical Education teacher at Pierce college
- 2011-2021 Head coach and founder of the tennis academy of the American College of Greece and the Pierce tennis scholarship program (launched in 2013).
- 2008-2009 Tennis Coach and Sports Psychology consultant to top junior tennis players (Ranked 1st, 8th, and 9th in Greece) at Smash Tennis Club in Athens.
- 2007-2008 Tennis Instructor in the Physical Education Department of Athens University
- 2006-2008 Sports Psychology Consultant to the Greek Tennis Federation.
- 2006-2007 Technical advisor to the Greek Tennis Federation
- 2006-2008 Head coach, director and Sport Psychologist at Papagou Tennis Club in Athens. Formerly inactive, under my leadership the club enrolled over 100 athletes.
- 2005-2006 Head coach of Athens Tennis Academy
- 2004-2006 Sport psychology consultant to women's volleyball team in the American College of Greece, Athens.
- 2003-2004 Tennis coaches' education on topics of Sport Psychology
- 2002-Present Tennis instructor in the American College of Greece, Athens.
- 2001-2009 Sport Psychology Consultant in Hlioupoli tennis club, Athens Lawn Tennis Club, Attica Tennis Club of Filothei, Cholargos Tennis Club, Psychiko tennis club, which are the largest tennis clubs in Athens
- 2001-Present Freelance Sports Psychology Consultant. Worked with athletes participating in competitive soccer, basketball, volleyball, tennis, karate, windsurfing, diving, gymnastics and other sports.
- 2001 (summer) Sports Psychology Consultant at Bollettieri Tennis Academy, Florida, USA.
- 2000-2001 Graduate assistant at Miami University, Ohio, USA. Tennis instructor for undergraduate classes.

- 1999-2001 Assistant coach of the women's varsity tennis team of Miami University, Ohio (Division 1 NCAA).
- 1997-1999 Army duty: Physical trainer for fighter pilots
- 1993-present Tennis coach of Greek, nationally and internationally ranked players, including a player ranked 115 in the ATP rankings and a player ranked No 7 in girls ETA (European Tennis Association) under 16 and a boy ranked in the top 30 in Europe under 14 and 120 in ITF U18.
- 1982-1996 Competitive tennis player ranked in the top 10 players in Greece

Presentations/ papers

- 2023 June "On court exercises for improving your mental skills in tennis". Online congress for Chinese coaches.
- 2022. November "On and off court psychological skills training for tennis athletes" Online congress for more than 400 Chinese coaches.
- 2022. February "Tennis athletes mental training for ages 15-professional". Online congress for more than 500 Chinese coaches.
- 2021 September "Kids mental training 11-14 years old". Online seminar for Chinese coaches
- 2020 November "Mental preparation for kids". Online seminar for Chinese coaches
- 2020 July: "Mental preparation for a tennis match". Online seminar for Chinese coaches
- 2020 June: "Mental training in tennis" Online seminar for Chinese coaches.
- 2020 May: Keynote speaker on Sport Psychology topics in an online congress with the participation of 300 tennis coaches from China.
- 2019 "Psychological Skills Training diploma for tennis coaches" in Shanghai China "In-Out Court" education.
- 2014 "Psychological skills training in divers". Part of the certification diploma of diving coaches (certification of General Secretariat of Sports)
- 2008 "Psychological Support of Children and Adolescent Tennis Players". At the 2nd symposium of coaches and parents held in Volos, Greece
- 2006 "Psychological Preparation of Divers and Motivational Issues in Their Long Term Development". At the 1st FINA World Diving Conference held in Athens, Greece
- 2006 "Coaches and Judges Emotional Situation Before and During Competition". At the 1st FINA World Diving Conference held in Athens, Greece.
- 2005 "The Use of Self-Talk in Women's Varsity Tennis". Paper published on the Greek Journal of Sport Psychology
- 2005 "Psychological Support of Children and Adolescent Tennis Players". At the 1st symposium of coaches and parents held in Tripoli, Greece
- 2002 "Introduction to Psychological Skills Training in Tennis". At the National Congress of Tennis Coaches held in Agios Konstantinos, Greece.
- 2002 "The Use of Self-Talk in Women's Varsity Tennis". At the 7th National Congress of Sport Psychology (November) held in Thessalonica, Greece.
- 2001 "The Use of Self-Talk in Women's Varsity Tennis". At Midwest Sport Psychology Symposium (February) held in West Lafayette, IN.